## Nikon D7100/D7200 Kneeboard Checklist

- CHARGE AND/OR CHANGE ALL BATTERIES (CAMERA, GMAX, BAD ELF)
- ASSEMBLE (AND CLEAN IF REQUIRED) ALL PARTS
- SET THE SWITCHES ON CAMERA BODY AND LENS
  - Camera Body Focus selector lock-White dot on L
  - Camera Body **Live view selector**-White dot on **still camera** position
  - o Camera Body Focus Mode selector-White line on AF position
  - Lens Lock switch to Unlock
  - Lens AF/M switch to AF (autofocus)
  - Lens OS switch to ON (vibration reduction)
  - Lens Normal/Active switch to Active (if Nikon lens)
- CAMERA POWER SWITCH TO ON
- SET UP CAMERA VIEWFINDER (DIOPTER)
  - Use **diopter adjustment control** for your eye
  - O Press shutter button to check for focus point
- SET CAMERA ITEMS NOT AFFECTED BY DEFAULTS
  - Automatic Exposure
    - Rotate Exposure Mode Dial to Automatic/NoFlash
    - Rotate Release Mode Dial to S (single frame).
  - Manual Exposure
    - Rotate Exposure Mode Dial to Scene
    - Rotate Main Command Dial to show Sports on the INFO (LCD) screen
    - Rotate Release Mode Dial to S (single frame).
- SET CAMERA DEFAULTS (3 TOTAL)
  - Set Two Button Defaults [Simultaneously press and hold Two Green Buttons until top screen flashes]
  - Set Shooting Menu Defaults [Menu→Photo Shooting Menu→Reset Photo Shooting Menu→OK→Yes→OK]
  - Set Custom Settings Defaults [Menu→Custom Settings Menu→Reset Custom Settings →OK→Yes→OK]
  - Change Image Quality to JPEG Fine [Menu→Photo Shooting Menu→Image
    Quality→OK→JPEG Fine→OK]
  - Change Image Quality to JPEG Fine [Menu→Photo Shooting Menu→JPEG
    Compression→OK→Optimal Quality→OK]
  - Format the camera media cards (2 TOTAL) [Menu→Setting→Format Memory Card→OK→Slot 1 or 2→OK]
- SOLMETA GMAX SETTINGS AND CALIBRATION (AS REQUIRED)
- BAD ELF SETTINGS AND CALIBRATION (AS REQUIRED)
- CHECK SETTINGS AND OPERATIONS/TEST SHOTS

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